Downtown East Timetable Effective June 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GYM OPEN 6:30AM	GYM OPEN 9:00AM	GYM OPEN 6:30AM	GYM OPEN 9:00AM	GYM OPEN 6:30 AM	GYM OPEN 9:00AM	GYM OPEN 9:00AM
Basic Boxing 6:45AM - 7:30AM		Intermediate Boxing 6:45AM - 7:30AM		Basic Boxing 6:45AM - 7:30AM		
Intermediate Boxing 7:45AM - 8:30AM		Basic Boxing 7:45AM - 8:30AM		Intermediate Boxing 7:45AM - 8:30AM		
Online Boxing Class 08:00AM- 08:45AM	Online Boxing Class 08:00AM- 08:45AM	Online Boxing Class 08:00AM- 08:45AM	Online Boxing Class 08:00AM- 08:45AM	Online Boxing Class 08:00AM- 08:45AM		
CLOSED 9:00AM- 12:00PM	Basic Boxing 9:00AM - 9:45AM	CLOSED 9:00AM- 12:00PM	Basic Boxing 9:00AM - 9:45AM	CLOSED 9:00AM- 12:00PM	Intermediate Boxing 09:00AM - 09:45AM	Basic Boxing 09:00AM - 09:45AM
	Intermediate Boxing 10:00AM - 10:45AM		Intermediate Boxing 10:00AM - 10:45AM		Basic Boxing 10:00AM - 10:45PM	Intermediate Boxing 10:00AM - 10:45PM
	C.O.W / Open Gym 11:00AM - 12:00PM		C.O.W / Open Gym 11:00AM - 12:00PM		Kids Class 11:00AM -11:45AM	Kids Class 11:00AM -11:45AM
					Online Boxing Class 11:00AM- 11:45AM	Online Boxing Class 11:00AM- 11:45AM
Basic Boxing 12:00PM - 12:45PM	Intermediate Boxing 12:00PM - 12:45PM	Basic Boxing 12:00PM - 12:45PM	Intermediate Boxing 12:00PM - 12:45PM	Basic Boxing 12:00PM - 12:45PM	Intermediate Boxing 12:00PM - 12:45PM	Basic Boxing 12:00PM - 12:45PM
Online Boxing Class 12:30PM- 13:15PM	Online Boxing Class 12:30PM- 13:15PM	Online Boxing Class 12:30PM- 13:15PM	Online Boxing Class 12:30PM- 13:15PM	Online Boxing Class 12:30PM- 13:15PM	CLOSED 13:00PM- 15:00PM	CLOSED 13:00PM- 15:00PM
Intermediate Boxing 13:00PM - 13:45PM	Basic Boxing 13:00PM - 13:45PM	Intermediate Boxing 13:00PM - 13:45PM	Basic Boxing 13:00PM - 13:45PM	Intermediate Boxing 13:00PM - 13:45PM		
CLOSED 14:00 PM- 16:30PM	CLOSED 14:00 PM- 16:30PM	CLOSED 14:00 PM- 16:30PM	CLOSED 14:00 PM- 16:30PM	CLOSED 14:00 PM- 16:30PM	Family Boxing 15:00PM - 15.45PM	Boxing Fitness 15:00PM - 15:45PM
Intermediate Boxing 16:30PM-17:15PM	Kids Class 16:30PM -17:15PM	Kids Class 16:30PM -17:15PM	Kids Class 16:30PM -17:15PM	Intermediate Boxing 16:30PM-17:15PM	Online Boxing Class 15:00PM- 15:45PM	Online Boxing Class 15:00PM- 15:45PM
Basic Boxing 17:30 - 18:15PM Outdoor Conditioning 17:30PM - 18:15PM	Intermediate Boxing 17:30 - 18:15PM Outdoor Conditioning 17:30PM - 18:15PM	Basic Boxing 17:30 - 18:15PM Outdoor Conditioning 17:30PM - 18:15PM	Intermediate Boxing 17:30 - 18:15PM Outdoor Conditioning 17:30PM - 18:15PM	Basic Boxing 17:30 - 18:15PM Outdoor Conditioning 17:30PM - 18:15PM	Basic Boxing 16:00PM - 16:45PM	Intermediate Boxing 16:00PM - 16:45PM
Intermediate Boxing 18:30 - 19:15PM Outdoor Conditioning 18:30PM - 19:15PM	Basic Boxing 18:30 - 19:15PM Outdoor Conditioning 18:30PM - 19:15PM	Intermediate Boxing 18:30 - 19:15PM Outdoor Conditioning 18:30PM - 19:15PM	Basic Boxing 18:30 - 19:15PM Outdoor Conditioning 18:30PM - 19:15PM	Intermediate Boxing 18:30 - 19:15PM Outdoor Conditioning 18:30PM - 19:15PM	CLOSED 17:00PM	CLOSED 17:00PM
Online Boxing Class 18:30PM- 19:15PM	Online Boxing Class 18:30PM- 19:15PM	Online Boxing Class 18:30PM- 19:15PM	Online Boxing Class 18:30PM- 19:15PM	Online Boxing Class 18:30PM- 19:15PM		
Basic Boxing 19:30PM - 20:15PM	Boxing Fitness 19:30PM - 20:15PM	Basic Boxing 19:30M - 20:15PM	Boxing Fitness 19:30PM - 20:15PM	Basic Boxing 19:30M - 20:15PM		
Intermediate Boxing 20:30PM - 21:15PM	C.O.W / Open Gym 20:30PM - 22:00PM	Boxing Fitness 20:30PM - 21:15PM	C.O.W / Open Gym 20:30PM - 22:00PM	Intermediate Boxing 20:30PM - 21:15PM		
C.O.W / Open Gym 21:15PM - 22:00PM		C.O.W / Open Gym 21:15PM - 22:00PM		C.O.W / Open Gym 21:15PM - 22:00PM		
CLOSED 22:00PM	CLOSED 22:00PM	CLOSED 22:00PM	CLOSED 22:00PM	CLOSED 22:00PM		