

Balestier Timetable effective June 2020

Timing - Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00 - 7:45	Intermediate Boxing		Intermediate Boxing		Intermediate Boxing		
8.00 - 8:45	Open Gym	closed	Open Gym	closed	Open Gym	Basic Boxing	Trial Class
9.00 - 9:45						Intermediate Boxing	Basic Boxing
10:00 - 10:45						Intermediate Online	Intermediate Online
11.00 - 11.45						Big Kids Boxing 8 to 15 years old	Intermediate Boxing
						Intermediate Boxing	Intermediate Boxing
	Intermediate Online	Intermediate Online					
12:30 - 13.15	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Closes 1230 pm	
13.30 - 14.15	Trial Class	Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing		
14.30 - 15.00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
15.00 - 16.00							
16.00 - 17.00							
16:30-17:15		Big Kids Boxing 8 to 15 years old		Big Kids Boxing 8 to 15 years old			
17.30 - 18:15	Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing		
	Intermediate Online	Intermediate Online	Intermediate Online	Intermediate Online	Intermediate Online		
18:30 - 19:15	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing		
	Intermediate Online	Intermediate Online	Intermediate Online	Intermediate Online	Intermediate Online		
19:30-20:15	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing		
20.30 - 21.15	Intermediate Boxing	Intermediate Boxing	Intermediate Boxing	Trial Class	Trial Class		
2200	Closes 10 pm						

Highlighted times are group classes with a coach.
 First-timers in boxing are required to attend Trial Class
 Classes will only run for 45mins
 No entry to classes for latecomers exceeding 10 minutes.
 Classes may be subjected to last minute changes - all members will be notified as soon as possible.

