

### SPARTANS JURONG WEST TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15-8:00am	7:15-8:00am	7:15-8:00am	7:15-8:00am	7:15-8:00am		
Basic Boxing	All Levels Boxing	Basic Boxing	All Levels Boxing	Basic Boxing		
8:15-9:00am	8:15-9:00am	8:15-9:00am	8:15-9:00am	8:15-9:00am	8:00-8:45am	8:00-8:45am
All Levels Boxing	Basic Boxing	All Levels Boxing	Basic Boxing	All Levels Boxing	Basic Boxing	Kids Boxing
9:00-10:00am	9:00-10:00am	9:00-10:00am	9:00-10:00am	9:00-10:00am	9:00-9:45am	9:00-9:45am
Closed	Closed	Closed	Closed	Closed	Kids Boxing	Basic Boxing
10:00-11:00am	10:00-11:00am	10:00-11:00am	10:00-11:00am	10:00-11:00am	10:00-10:45am	10:00-10:45am
Closed	Closed	Closed	Closed	Closed	All Levels Boxing	All Levels Boxing
11:00-11:45am	11:00-11:45am	11:00-11:45am	11:00-11:45am	11:00-11:45am	11:00-11:45am	11:00-11:45am
Closed	Closed	Closed	Closed	Closed	Basic Boxing	Basic Boxing
12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm	12:00-12:45pm
All Levels Boxing	Basic Boxing	All Levels Boxing	Basic Boxing	All Levels Boxing	Intermediate Boxing	All Levels Boxing
1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm
Basic Boxing	All Levels Boxing	Basic Boxing	All Levels Boxing	Basic Boxing	All Levels Boxing	Intermediate Boxing
2:00-4:30pm	2:00-4:30pm	2:00-4:30pm	2:00-4:30pm	2:00-4:30pm	2:00pm Gym Closed	
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm		
All Levels Boxing	Kids Boxing	All Levels Boxing	Kids Boxing	All Levels Boxing		
5:30-6:15pm	5:30-6:15pm	5:30-6:15pm	5:30-6:15pm	5:30-6:15pm		
Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing		
6:30-7:15pm	6:30-7:15pm	6:30-7:15pm	6:30-7:15pm	6:30-7:15pm		
Intermediate Boxing	All Levels Boxing	Intermediate Boxing	All Levels Boxing	All Levels Boxing		
7:30-8:15pm	7:30-8:15pm	7:30-8:15pm	7:30-8:15pm	7:30-8:15pm		
Basic Boxing	Basic Boxing	Basic Boxing	Basic Boxing	Intermediate Boxing		
8:30-9:15pm	8:30-9:15pm	8:30-9:15pm	8:30-9:15pm	8:30-9:15pm		
All Levels Boxing	Intermediate Boxing	All Levels Boxing	Intermediate Boxing	Sparring		
9:30pm Gym Closed						